

May 2023

Volume 40, Issue 5

SCA Board of  
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at Large*Inside this issue:*Lake Accotink* P. 2, 3*Happy Birthday SCA!* P. 4*Farmers Markets Now  
Open* P. 10*Library Book Sale* P. 11*Westhaven Yard Sale* P. 17**Springfield Reporter**

# Springfield Civic Association

## *President's Message—Gail Nittle*



Happy 70<sup>th</sup> birthday, SCA! Come and join us for our General Membership Meeting on **TUESDAY, May 16<sup>th</sup>** at Crestwood Elementary School! We'll be celebrating the SCA's 70<sup>th</sup> birthday! Our guest speaker will be Captain John Lieb, Franconia Police District Commander. Bring your concerns and questions - Loud cars racing through your neighborhood? Car/catalytic converters thefts? Safety in our schools? Find out how the police department is addressing these and other issues. For those who are unable to attend due to health concerns, a zoom link is available. (See pg. 5)



The Environmental Committee of the Fairfax County Board of Supervisors met on April 25<sup>th</sup> to discuss the dredging of Lake Accotink. SCA representatives attended the session. You can view the proceedings at this link. [https://video.fairfaxcounty.gov/player/clip/2831?view\\_id=9&redirect=true&h=1eec2b25d59cd4bdc0cea11949d00bd](https://video.fairfaxcounty.gov/player/clip/2831?view_id=9&redirect=true&h=1eec2b25d59cd4bdc0cea11949d00bd). There was no vote taken by the Board. A task force will be formed to investigate the issue further.

Crestwood Elementary School's Children's Festival on April 29<sup>th</sup> was a great event! Eileen Vaughan and Marta Morrissey manned the SCA table, making Slow Down signs as well as Save Lake Accotink signs and tee-shirts available. The signs and tee-shirts will be available at the upcoming May SCA meeting.



If you're interested in saving Lake Accotink, please go to [www.SaveLakeAccotink.org](http://www.SaveLakeAccotink.org).

At our May meeting, we'll be voting on next year's Board members. The proposed slate is: Gail Nittle (President), Cassie Planakis (1 VP), Marta Morrissey (2<sup>nd</sup> VP), Sandy Frieswyk (Treasurer), Peggy Woods-Clark (Secretary), Eric Jones (Director-at-Large) and David Mwongela (Director-at-Large).

The Crestwood's Springfield Triangle needs some volunteers to help clean up and keep the grass cut/edged. If you're able and willing, please contact the SCA at [springfieldcivic@yahoo.com](mailto:springfieldcivic@yahoo.com)

Please consider joining and enjoying our Springfield Swimming Club [www.SwimSpringfield.org](http://www.SwimSpringfield.org) over the summer!

Looking forward to seeing you on Tuesday, May 16<sup>th</sup> ! Come and enjoy a piece of birthday cake!

~Gail

**May Meeting****Tuesday****May 16, 2023****7:00pm—Social****7:30—Meeting****Crestwood Elementary  
School****Topic:****Police Update****Capt. John Lieb****Franconia District****Station**

## Lake Accotink Update



Several members of the SCA Board and community attended a scheduled meeting of the Environmental Committee of the Fairfax County Board of Supervisors on April 25<sup>th</sup>. At this meeting, the Environmental Committee presented the results of the recent Public Survey where the community was invited to share their comments regarding the options of dredging or not dredging Lake Accotink. The complete account of those results can be read at: [https://www.fairfaxcounty.gov/publicworks/sites/publicworks/files/assets/documents/projects/lake-accotink-dredging\\_april-2023-survey-results.pdf](https://www.fairfaxcounty.gov/publicworks/sites/publicworks/files/assets/documents/projects/lake-accotink-dredging_april-2023-survey-results.pdf)

Following that presentation, Supervisor McKay raised questions concerning the future of the Lake. Deciding that additional research was needed to fully answer those questions, Supervisors Walkinshaw and Lusk proposed creating a task force to investigate various additional options for the Lake. There was no vote taken by the Board of Supervisors but a task force will be created. The task force, which will include representatives from the SCA, other interested community groups, and stakeholders, will be formed to investigate the issue further. You can view the proceedings of the Environmental Committee meeting at this link: [https://video.fairfaxcounty.gov/player/clip/2831?view\\_id=9&redirect=true&h=1eec2b25d59cd4bdc0ccea11949d00bd](https://video.fairfaxcounty.gov/player/clip/2831?view_id=9&redirect=true&h=1eec2b25d59cd4bdc0ccea11949d00bd)

On May 5th, the nonprofit advocacy group Save Lake Accotink published a press release announcing the proposed task force and listed some of their questions and points for consideration, which include:

- The need to include representatives from nearby civic and homeowner associations,
- The need to consult with other environmental and community advocacy groups,
- The need to consult with industry experts,
- The downstream impacts of county inaction, and the costs and impacts of letting Lake Accotink fill in.

The SCA will keep you informed about future discussions and decisions concerning Lake Accotink. (continued on pg. 3)





## *Lake Accotink Update (cont'd)*

The full text of the Press Release is below:

### **Media Release - For Immediate Release**

#### **Lake Accotink is Given a Stay of Execution**

*Save Lake Accotink to Join Task Force to Look at Options for the Lake*

**Springfield VA— 05/05/2023** - At the Fairfax County Board of Supervisors Environmental Committee meeting on April 25, Braddock District Supervisor James Walkinshaw announced that he and Franconia District Supervisor Rodney Lusk would propose a task force to look into solutions to sedimentation in Lake Accotink, which Supervisor Walkinshaw called a Fairfax County “treasure.” According to Supervisor Walkinshaw, the Lake Accotink Task Force will examine the existing dredging project plans and related studies to identify flaws and search for ways to improve the project and reduce the cost of dredging.

The nonprofit advocacy group Save Lake Accotink has asked about the cost of not dredging? Their website, [SaveLakeAccotink.org](http://SaveLakeAccotink.org) asks, “Who pays the cost of doing nothing?” In response, Supervisor Walkinshaw, at a meeting with representatives from Save Lake Accotink on May 1<sup>st</sup>, invited the group to join the Lake Accotink Task Force. He noted that the Board of Supervisors would also seek the participation of representatives from nearby civic and homeowner associations, other environmental and community advocacy groups, and industry experts.

Along with reviewing the existing plans and studies, the Lake Accotink Task Force will examine the costs and impacts of letting Lake Accotink fill in, particularly the downstream impacts of county inaction. To date, the county has made no effort to identify and understand these impacts. The Board of Supervisors will charge the Lake Accotink Task Force with identifying alternatives to dredging that have not yet been considered. The proposal to form the task force will be put to the full Fairfax County Board of Supervisors at a May Board meeting.

###

The Fairfax County Department of Public Works and Environmental Services have made a recommendation to the Board of Supervisors that Lake Accotink be allowed to fill in with sediment from upper Accotink Creek.

That is unacceptable for the environment, the community, and Fairfax County taxpayers.

#### **CONTACT:**

Allan Robertson, President  
Tel: 703-627-0219  
[Info@savelakeaccotink.org](mailto:Info@savelakeaccotink.org)

## Happy Birthday!! SCA Celebrates 70 years of Community Involvement!

February 1953 - 2023. Congrats on 70 years of positive advocacy, forging successful gov't and business partnerships and enhancing the quality of life for 2,400 homes in 5 neighborhoods! Many thanks to our awesome volunteers, past and present!



Birthday comments and picture from Diane Boughton. Newspaper article from Kurt Doehner.



## Choose Native Plants

Warm weather has many people headed to the garden center, where lovely blooms await. The key is to pick native plants, the ones that evolved here and provide them the food they need to survive. A simple way to guarantee that a plant is native is to buy it from someone who exclusively sells native plants.

There are four garden centers in Northern Virginia that do just that.

- **Nature by Design**— A local native plant nursery in Alexandria, Virginia. Same day browsing appointment are always available, or shop by curbside pickup. <http://www.nature-by-design.com/>
- **Watermark Woods**—A local native plant nursery in Hamilton, Virginia. Curbside pick-up is also available. They also sell seeds here: [www.watermarkwoods.com](http://www.watermarkwoods.com)
- **Virginia Native Plant Society**—Virginia Native Plant society Potomack Chapter: First Wednesday of each month, 10am to 1pm, April through October. Native plants sold in the VNPS propagation beds at Green Spring Gardens Park, behind the horticulture center. No credit cards—cash and checks only. [www.vnps.org](http://www.vnps.org)
- **Earth Sangha** is a nonprofit that propagates wild plants for ecological restoration. Curbside pickup, 1-on-1 appointments or "Self-Service Saturdays". <http://www.earthsangha.org>



## *Zoom Meeting Information*

### **SCA General Membership Meeting**

Tuesday May 16—7:30pm

***This is an in-person meeting!***

**Unable to physically attend this meeting?**

**Use this Zoom link:**

<https://us02web.zoom.us/j/89253774973>

Meeting ID: 892 5377 4973

or

**Use this number to call into the meeting:**

+1 301 715 8592 US (Washington DC)

### ***Contact the SCA***

Do you have a question for the SCA?

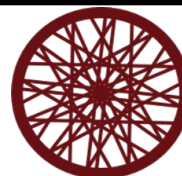
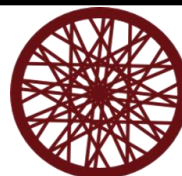
Contact us via email at

[springfieldcivic@yahoo.com](mailto:springfieldcivic@yahoo.com).

Check out our website at

[www.springfieldcivic.org](http://www.springfieldcivic.org).

We're on Facebook ! Check us out at  
Springfield Civic Association.



### **There's Still Time to Pay SCA Dues!**

The new membership year for the Springfield Civic Association (SCA) begins in September of each year so dues for the 2022-2023 program year were due in September, but can still be paid now.

**Due to increased activities and expenses, dues for one year have been increased to \$20.00 per household.**

The funds raised from dues go directly to help support the SCA and its programs which directly benefit our community. If you have supported the SCA in the past by being a member, thank you! We hope you'll renew your membership now. If you have attended meetings or joined in activities as a non-paying participant, please consider becoming a paid member. One of the SCA's goals is to bring people together and encourage them to be active in community affairs. We advocate for our community's interests and concerns through local government and other entities. Please partner with us by renewing or starting your paid membership NOW and by getting involved!

Dues can be paid via PayPal, using our website at [www.springfieldcivic.org](http://www.springfieldcivic.org), or by sending a check to SCA, P.O. Box 842, Springfield, VA 22150. Thank you in advance for supporting the SCA in its effort to enhance the quality of life in Springfield.

**THANK YOU FOR YOUR MEMBERSHIP & SUPPORT!**

### ***Please Support Our Advertisers!***

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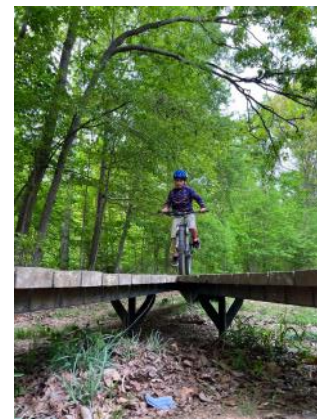


## Trails for Youth

Spring Forward with [TrailsforYouth.Org](http://TrailsforYouth.Org) (TYO)

There are certain signs and sounds of spring that give hope -- birds chirping, flowers blooming, and kids riding bikes at Brookfield Park. It's only May and dozens of children are showing up regularly to develop their skills and learn new things and hang out together. Familiar faces are joined by new ones, some older, some younger, and all eager to learn and have fun. A key to their growth in cycling will be the continued maintenance and accessibility to trails from Brookfield Park.

TYO and Mid-Atlantic Off-Road Enthusiasts (MORE) remain committed to maintaining the existing features and have even set aside funding to redesign and build a new trail from Brookfield Park to the nearby Gerry Connolly Cross County Trail (CCT). The new trail will be safer, more enjoyable for all, and will eliminate creek crossing and flood areas. It's even in the park's plan to include the section that needs to be built. All that is left is the Park Authority's nod to get started. Hope springs eternal that we will get this nod soon and we will be enjoying better nature connectivity between Brookfield and Lake Accotink Parks. See you on the trails!





**Sina Malekuti, D.D.S.**  
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## *It's the Season for Gardens at Grace Presbyterian Church*

Article Author: Nicole Westphal, Congregational Care Elder, and Crestwood Resident

Spring means it's time to get back in touch with nature—with gardens to be freshened up, new seeds to be planted, and wild-flowers to be enjoyed! At Grace Presbyterian Church, on Bath Street in the heart of Crestwood, this is no exception. Warmer weather means there are even more ways we are able to use church grounds to enhance the natural beauty of the neighborhood.



**Native Plants Support Pollinators.** Since before the pandemic, volunteers have worked with local cooperative extension groups to identify and plant native shrubs and flowers on church property along Bath Street. Each of the plantings is identified with signs about its role in our ecosystem with ***special emphasis on plants favored by pollinators***. Near the larger parking lot on the north side of the church, you will find a patch of milkweed that for several years has been home to many monarch caterpillars and chrysalises! You are welcome to explore this landscaping and the others that are located throughout the grounds.



**Vegetable Garden.** Adjacent to this pollinator garden is the newly-installed vegetable garden. This latest addition to the church landscaping is a collaborative project of garden enthusiasts/church members and our youth group. As the vegetables grow this summer they will be harvested to support food-insecure families in our community through ECHO and other organizations. ***Many hands make light work***, and volunteers are always welcome to help with this project! Contact [manager@gracepresby.org](mailto:manager@gracepresby.org) for more details!



**Crop Table.** As the spring turns to summer, our Grace garden and gardens throughout Crestwood will begin to produce fresh, delicious fruits and vegetables. Every week in the summer, we offer this fresh produce, along with homemade baked goods, jams, jellies, and crafts, as a fundraiser for local hunger initiatives, including ECHO. Since 2010, the Grace Crop Table has raised over \$37,000 for local and worldwide hunger efforts. Over \$5,000 was raised last year alone when the Crop Table commemorated Clara Gipson, one of the founders of this effort. Continuing this decades-long tradition, ***consider the Crop Table your hyper-local farmer's market!*** Look for the table on the sidewalk of Bath Street every Sunday, July to Early-September, 11:00 am - 12:00 pm. We welcome neighborhood contributions if your garden overfloweth!

## *Special Olympics Ski Team Thank You*



Our local Special Olympics Ski team is grateful for the SCA's support! The grant money awarded to the team will help our athletes to be better trained, stronger, safer, and faster. Come November you'll see our athletes training once again by the train trestle at Lake Accotink. Athletes practice on dry land for two months in

advance of heading for the mountain snow. With

the grant from the SCA, we'll invest in equipment for those dry land practices that will help improve balance, proper positioning, and endurance. Thank you, SCA, for your support!





## *Friends of Richard Byrd Library Update*

### **Richard Byrd Library hours:**

Mon, 1 – 9pm, Tue – Sat, 10am – 6pm, Sun, closed

Check the website events calendar for in-person programs: <https://www.fairfaxcounty.gov/library/branches/richard-byrd>

### **Next Used Book Sale!!**



#### **Coming in June!!!**

Our next used book sale is scheduled for the first week of June.

Preview Sale: Wednesday, May 31<sup>st</sup>, \$10 admission fee.

Open to all: Thursday, June 1<sup>st</sup>, 10am – 6pm

Friday, June 2<sup>nd</sup>, 10am – 6pm

Saturday, June 3<sup>rd</sup>, 10am – 6pm

Sunday, June 4<sup>th</sup>, 12 – 2pm, Bag Sale (\$5/bag)

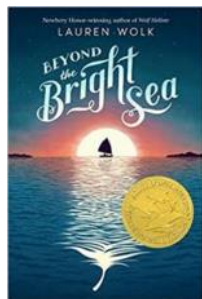
We're always looking for volunteers to help before, during and after the sale; send an email to [RBFriends@gmail.com](mailto:RBFriends@gmail.com) to get on our distribution list.

### **Daily Sale Always Available!**

Can't wait until the next big sale?...the Friends' Daily Sale is always available behind the Checkout Desk. Bargain prices and great variety! Stop by to find your next great read! And check the featured items on the little red cart for special seasonal offerings. As always pay for your selections at the kiosk using a credit/debit card.

### **Coffee and a Classic Movie**

Join us at the library on the first Friday of every month at 10:30 AM to have coffee and watch a classic movie. Due to copyright restrictions, we can't publish the title outside the library but look for the flyer next time you come by!



#### **Book Review: *Beyond the Bright Sea***

by Janet Cameron

In the acclaimed *Beyond the Bright Sea*, Lauren Wolk has woven fiction with historical fact to create the charming narrative of a child's search for identity and family as told from the child's point of view. The story takes place about a hundred years ago on a few of the smallest of the Elizabeth Islands off the coast of Massachusetts. Crow, as the girl is known, was so named for her croaking cry when as a small baby she was discovered in a leaky skiff by Osh. Osh, a fisherman leading a most solitary existence on the tiniest of the islands, like Crow has origins shrouded in mystery.

Crow leads a happy if simple childhood with Osh in their makeshift cottage home. Days are spent gathering vegetables from their little garden and harvesting all manner of seafood from the bountiful ocean. In addition, Crow has acquired some book learning from Miss Maggie, a kind if brusque friend from another nearby island, close enough to walk to at low tide. Crow tried going to the local school at one time but gave it up because she felt unwelcome, rejected because of her differences and dark suspicions about her origin.

As Crow attains her eleventh year, her contentment with leaving her past unknown wears thin and she becomes determined to know where she came from and who she really is. Given the tides and currents that must have borne her to her island home, she suspects her parents were members of a leper colony once housed on another nearby island. Crow resolves to visit the island, and finally persuades Osh and Miss Maggie to accompany her. The visit to the abandoned leper colony provides answers but even more questions. Crow's growing quest, both on the islands and in the town, leads to encounters with many who help her towards her goal, but also with a few who are less than helpful, or worse. (continued on pg. 9)



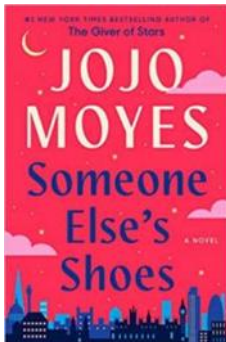
## *Friends of Richard Byrd Library (cont'd)*

While mystery and action intrigue the reader, Wolk always keeps a light touch, never revealing more than need be told to advance the plot. Since the story is told from Crow's perspective, the language is simple and the analysis never runs deep. The reader is left to speculate and sometimes fill in what is not explicitly stated, a device that serves to engage us only more fully in this delightful tale, one that leaves us asking for more from this bestselling writer.

### **Book Review: *Someone Else's Shoes***

by Claudia Moore

Have you ever picked up someone else's purse or gym bag, even taking it home? When Sam (middle aged, tired, working mother) and Nisha (wealthy, middle aged snob) accidentally exchange gym bags the lives of at least six people will be changed forever. Prolific, popular British writer Jojo Moyes has a special talent to provide readers with hoots of laughter and sobs of sadness at the very same time as she depicts common occurrences in new ways.



The complications involved in reuniting owner with bag take 400 pages, but Moyes has managed to highlight many hot topic issues in ways that will entertain and make you think. Including the role fancy, well maintained clothes have on a person's demeanor. Snap judgments about a person because of his/her clothes could be a mistake. The effect of a parent's clinical depression on a family. The importance of friendship in people's lives. The role of subservient women in dysfunctional marriages. The poverty of single-parent households trying to provide for families. Parenting a gender-questioning teenager. Summarizing this plot would take the full length of the novel, but many plot twists -- some a surprise, some expected, some sad and some gleeful -- delight the reader before the bags are reunited with their owners and all is right with the world. These twists enable the characters to mature and grow. Only once did the events seem to be of a slapstick nature. But even so, I'm looking forward to this being made into a movie and in the meantime it is a great summer read.

## *SCA Supports Lewis High School JV Wrestling Team*

The Lewis High School JV wrestling team wrestled at the Vic Blue Memorial Tournament on Saturday Dec. 17th. The Lancers placed 5th out of 19 teams and 4 wrestlers placed 2nd in their weight classes. Thanks for the support SCA!



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## *Kingstowne Farmers Market Now Open!*

The Kingstowne Farmer's Market is back! Shop fresh and local produce at the market. The first market of the 2023 season will open on Friday, May 5, 2023, at 3 p.m.

The complete schedule of this and all other Fairfax County Farmers Markets is below or can be found online at [www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets).

### Fairfax County Farmers Markets

#### Wednesday

##### **McCutchen/Mount Vernon**

(SNAP Accepted)

April 19 to December 20, 8:00am to Noon  
Sherwood Library, Sherwood Hall Lane

##### **Oak Marr**

May 3 to November 8, 8:00am to Noon  
Oak Marr Recreation Center, 3200 Jermantown Rd.

##### **Wakefield**

May 3 to October 25, 2:00pm to 6:00pm  
Wakefield Park, 8100 Braddock Road

#### Thursday

##### **Annandale**

(SNAP Accepted)

May 4 to November 2, 8:00am to Noon  
Mason District Park, 6621 Columbia Pike

##### **Herndon**

May 4 to November 9, 8:00am to 12:30pm  
Old Town Herndon, 700 Block of Lynn Street  
By the Red Caboose



#### Friday

##### **McLean**

May 5 to November 17, 8:00am to Noon  
Lewinsville Park, 1659 Chain Bridge Road

##### **Kingstowne**

May 5 to October 27, 3:00pm to 7:00pm  
In the Giant parking lot  
5870 Kingstowne Towne Center

#### Saturday

##### **Burke**

April 22 to December 16, 8:00am to Noon  
VRE parking lot, 5671 Roberts Parkway

##### **Reston**

(SNAP Accepted)

April 29 to December 2, 8:00am to Noon

#### Sunday

##### **Lorton**

(SNAP Accepted)

May 7 to November 19, 9:00am to 1:00pm  
VRE parking lot, 8990 Lorton Station Boulevard



## Richard Byrd Library News

Greetings from Richard Byrd Library! We have lots of exciting things coming up in the next few months. The Friends of the Richard Byrd Library are holding their semi-annual book sale June 1-3 from 10am-6pm, and the popular bag sale on June 4 from 12-2pm. Please help support the library by stopping by and picking up a 'new to you' book for the summer!

Visit [https://bit.ly/RB\\_BookSale](https://bit.ly/RB_BookSale) for more information about the sale.



Books for sale at the 2022 Friends of Richard Byrd Library Book Sale.

In addition, the Summer Reading Adventure will return from June 16 through August 18, 2023. Readers of all ages are eligible to participate in the program and win prizes for accomplishing reading goals. In addition, we will host plenty of fun events at the library, including the [Hawaiiana: World Dance Show](#) for school age children on June 23 at 11am, [Clutter Busting: Letting Go of What's Holding You Back](#) with author/humorist Brooks Palmer for adults on June 24 at 1pm, and [Art Splash: Painting for Teens](#) on July 19 at 2:30pm. For more information and to register for events, visit [https://bit.ly/2023\\_SummerReading](https://bit.ly/2023_SummerReading).



Names of youth finishers from the 2022 Summer Reading Adventure.

## ECHO News

### Food Collection Events

The need for emergency food assistance has not abated. ECHO is not alone among local non-profits in finding that requests for food remain high. ECHO's commitment to fighting hunger in our community is equally high, and we ask you to continue to help. ECHO publishes a list of our most-needed food and hygiene items on the homepage of our website [www.echo-inc.org](http://www.echo-inc.org). While we are open to receive donations at 7205 Old Keene Mill Road, weekdays from 9:30 am to 12:30 pm, and Tuesday, Wednesday, and Thursday evenings, 7:00 to 9:00, the following food collection events offer opportunities for donors to give at other times that may be more convenient for them.

For many years, the National Association of Letter Carriers' (NALC) local drive to "Stamp Out Hunger" has been vital in keeping ECHO's Food Pantry stocked through the lean summer months when donations traditionally diminish. This year, the drive will be on May 13. Residents are asked to put out a bag of non-perishable food (no glass containers, please) at their mailbox before 9:00 am so that their carrier can pick it up on their route. All donations out of the Burke, Central Springfield and West Springfield Post Offices will be for ECHO.

Youth Leadership Institute (YLI) and Alpha Kappa Alpha Sorority, Inc.® Alpha Beta Alpha Omega Chapter are sponsoring a hygiene products drive for ECHO on Saturday, May 20, 10:00 am until noon at Springfield United Methodist Church, 7047 Old Keene Mill Road. They will be accepting unopened hygiene products such as detergent, shaving cream, toilet paper, lotion, soap, toothbrushes and toothpaste.

### ECHO's Needs This Month

ECHO's Clothing Room is now distributing spring and summer clothing. ECHO needs new or gently used girls' clothing sizes 3 - 18; boys' and girls' sneakers sizes 1 - 5; men's sneakers, sizes 7 and 8; men's jeans, sizes 30/30 and 32/30; men's shirts, sizes Sm and Med; and men's underwear (new only, please.)

ECHO's Housewares Department needs comforters in King and Queen sizes. And, they need a few evening volunteers on Tuesday or Thursday. If you have a couple of evenings a month and a desire to help the community, please consider emailing [Volunteercoordinator@echo-inc.org](mailto:Volunteercoordinator@echo-inc.org) to find out how you could join our cheerful volunteer group.



## *Friends of Lake Accotink Park (FLAP)*

### **VOLUNTEER OPPORTUNITIES:**

#### **FLAP MONTHLY 2023 LAKE ACCOTINK PARK CLEAN-UP (2<sup>nd</sup> Sunday of every month)**

**WHEN:** May 14, June 11, July 9, August 13, September 10,  
October 8, November 12, December 10

**TIME:** 9:00am-12:00pm

**LOCATION:** Lake Accotink Marina (at the sign-in tent)

Pick up gloves, FLAP information, clean-up bags, tools, maps, and more. You will be loaned a FLAP safety vest. Volunteer 4 times and receive your very OWN safety vest to personalize.

**ACTIVITIES:** Pick-up trash bags and find debris carelessly dumped, dropped, or forgotten. Refill dog waste bag stations if they are empty or near-empty. Clip vines and more.

**REGISTER:** [https://volunteer.fairfaxcounty.gov/custom/1380/#/organization\\_details/71653](https://volunteer.fairfaxcounty.gov/custom/1380/#/organization_details/71653)

**Questions?** [contact@flapaccotink.org](mailto:contact@flapaccotink.org)



#### **CARING FOR THE POLLINATOR GARDEN (2<sup>nd</sup> Sunday of every month)**

**WHEN:** May 14, June 11, July 9, August 13, September 10,  
October 8, November 12, December 10

**TIME:** 10:30am – 12:00pm

**WHERE:** Lake Accotink Park, Margaret Kinder Pollinator Garden – (next to the signup tent / near the restrooms)

**ACTIVITIES:** Work alongside our experts as they care for the pollinator plants, watering, and clean-up. We provide tools and gloves or you can bring your own.

**REGISTER:** <https://www.eventbrite.com/e/caring-for-the-pollinator-garden-at-lake-accotink-park-tickets-602959567297>

#### **EXPLORING THE POLLINATOR GARDEN (2<sup>nd</sup> Sunday of every month)**

**WHEN:** May 14, June 11, July 9, August 13, September 10,  
October 8, November 12, December 10

**TIME:** 10:30am – 12:00pm

**WHERE:** Lake Accotink Park Margaret Kinder Pollinator Garden - (next to the signup tent / near the restrooms).

**ACTIVITIES:** Our experts will guide you through the Pollinators and Pollinator Plants, Starting and maintaining your own (any size) Pollinator Garden.

## *How to Prevent and Treat Lyme Disease*

With spring in full swing and summer on the horizon, ticks are resurfacing. Prevention of tick-borne diseases should be on everyone's mind! The bacterial infection, Lyme disease, is the most commonly reported tick-borne disease in our area. Symptoms of Lyme disease include a **bull's eye rash, fever, headache, achy muscles and joints**.

### **How can I prevent and treat Lyme disease?**

The best thing you can do is avoid heavily tick-populated areas, practice tick-free landscaping, use repellent and do a tick check when coming in from outdoors. If you are showing symptoms of Lyme disease, the best thing you can do is contact your doctor. Most cases of Lyme disease or other tick-borne diseases can be treated successfully with a few weeks of antibiotics.

For more information, visit: <https://www.fairfaxcounty.gov/health/fightthebite/tick-diseases>.











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Post 176 Auxiliary



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Pete The Folksinger

**5:00 - 5:30 PM Socializing**  
**5:00 till 8:30 PM BAR OPEN**  
**5:00 PM Music Legion Post**  
**5:30-7:30 PM Dinner Served**  
**6:30 PM Auxiliary Event**  
**6:30 PM Speaker on**  
**Poppies/Auxiliary**  
**6:40 PM Cutting the Cake/**  
**Auxiliary**  
**6:40-8:00 PM COUNTRY LEG-**  
**ENDS Music (Pete)**  
**\$20 DINNER PROVIDED BY**  
**POST 176 WARRIOR CAFE**





John R. Lewis High School Parent-Teacher-Student Association (PTSA) supports our students, school, and community by involving families directly. *With your help*, we provide annual scholarships, teacher grants, reduced-cost SAT prep, drug & alcohol-free All-Night Graduation Celebration, faculty & staff appreciation, and much more. Together, we can help Lewis HS students thrive!

## How can YOU make a difference? Support your local PTSA!

- ★ [Join the PTSA](#) — Studies prove that when parents engage with their children's school, learning outcomes improve — So get engaged!
- ★ [Support PTSA as you search with Bing](#) — Microsoft Rewards lets you support our PTSA through its *Give with Bing* program. It's easy & free!
  - 1) [Sign up](#)
  - 2) Select John R. Lewis HS PTSA as the non-profit organization you want to support
  - 3) Earn rewards points just for searching the web with Bing. Microsoft then turns those points into cash donations to us.



- ★ [Support the LOCAL sponsors who support us](#) — ([check them out](#))

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THE  
DATE**

**SATURDAY  
3 JUNE  
2023  
8:00 A.M. – 1:00 P.M.**

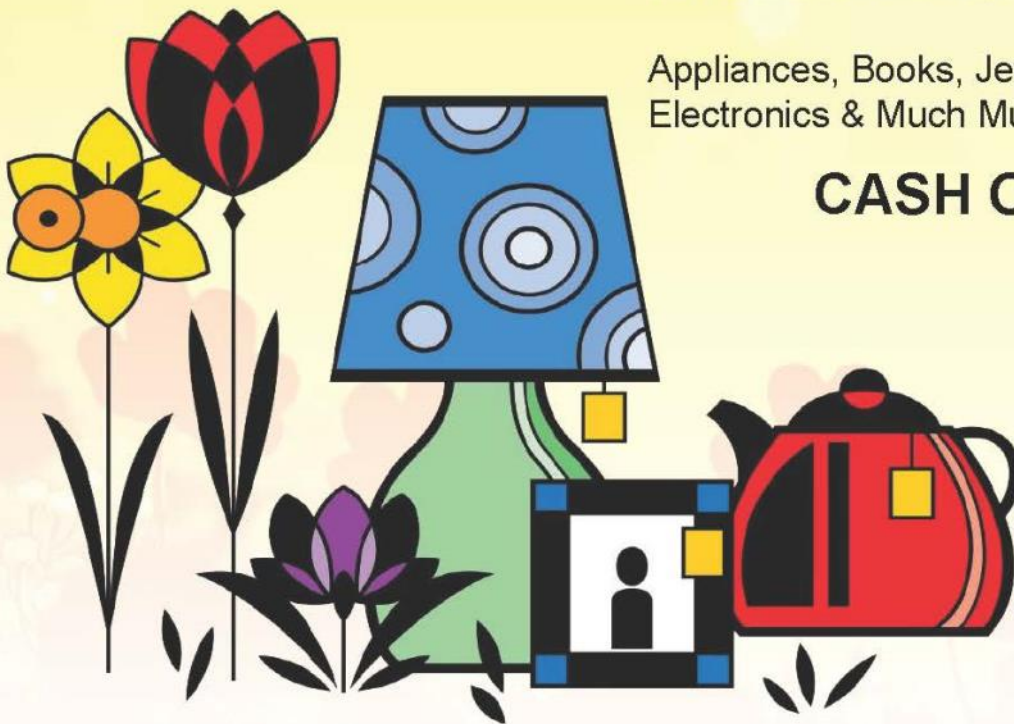


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## Click It Or Ticket

### Wear Your Seatbelt

No matter what type of vehicle you drive, one of the safest choices drivers and passengers can make is to buckle up.

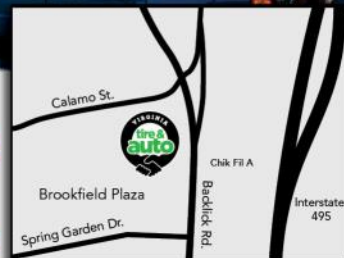
As you head out around the Memorial Day holiday, you'll likely see more law enforcement on the roads as part of *Click It or Ticket*. This campaign, from May 23 - June 5, reminds drivers and their passengers of the importance of buckling up and the legal consequences – including fines – for not wearing a seat belt.

### Buckle Up the Right Way

Always place the shoulder belt across the middle of your chest and away from your neck, and place the lap belt across your hips, not your stomach. You should never put the shoulder belt behind your back or under your arm. And remember: always buckle up.



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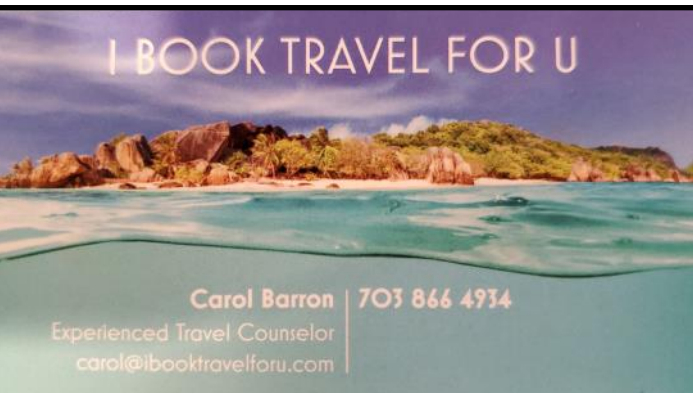
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## SCA—Advocates for Pedestrian Safety



Before Improvements

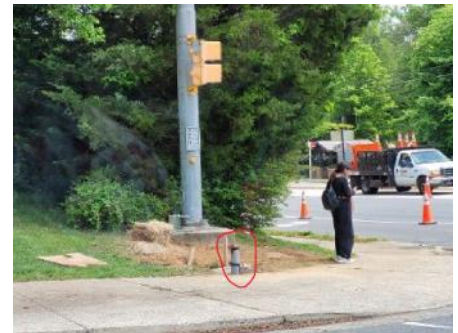


VDOT Workers Making Improvements

In June 2021, a few SCA members took Supervisor Rodney Lusk on a tour of Springfield. One of the concerns the SCA pointed out to Supervisor Lusk was the lack of access to the signalized pedestrian crossing button at the corner of Old Keene Mill Road and Hanover Avenue. That signal was on a traffic pole that was raised and too far away from the sidewalk for handicapped users to use safely.

The Springfield Civic Association has kept in touch with Supervisor Lusk's office since 2021 asking about the status of improvements to the accessible pedestrian signal button. On May 8, 2023, the work began on bringing the crosswalk signal button up to ADA requirements!

Thanks to the SCA, especially Diane Boughton, who has never let this issue fade from importance since 2021, our handicapped neighbors will now have a safe and accessible way to cross a busy intersection.



Future Home of Improved Crosswalk Signal



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**PLEASE JOIN US!**

**May Meeting**  
**Tuesday**

**May 16, 2023**

**7:00pm Social**

**7:30pm Meeting**

**Crestwood Elementary  
School**

**Topic:**

**Police Update  
Capt. John Lieb  
Franconia District  
Station**



**The Springfield Civic Association is a volunteer organization  
dedicated to:**

- Encouraging residents to be active in community affairs
- Promoting civic responsibility through education and advocacy
- Effectively interacting with local government and community organizations
- Enhancing the quality of life in Springfield.

**We are the hub that links residents and organizations, enhances  
communications, and embraces diversity to create a vibrant  
Springfield community.**

**Join SCA**

Annual dues of \$20 cover all adults in a household. Membership is open to all residents and non-resident property owners in the boundaries. Mail this form with your check to PO Box 842, Springfield, VA 22150 or bring it with you to the membership meeting, or visit [www.springfieldcivic.org](http://www.springfieldcivic.org) to join or renew online.

- ☐ Join SCA ☐ Renew my membership ☐ Add or change contact information  
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